

PACT Resources

Manuals and Websites:

Allness, D. J., & Knoedler, W. H. (2003). *A Manual for ACT Start-Up: Based on the PACT Model of Community Treatment for Persons with Severe and Persistent Mental Illnesses*. Arlington, VA: NAMI.
Order at: www.nami.org

This “how to” manual provides practical information on how to develop and implement ACT teams, including recommended admission criteria, staffing configuration and roles, hours of operation, administrative requirements, team communication and organization, client-centered comprehensive assessment and individualized treatment planning, service array, and development of a steering committee and stakeholder advisory group. This manual also includes all sample forms (e.g., assessments, staff scheduling).

SAMHSA ACT Toolkit

Find at: <http://mentalhealth.samhsa.gov/cmhs/communitysupport/toolkits/community/>

Based on the Manual for ACT Start-Up (see above), this toolkit provides similar practical information for ACT implementation. In addition, the ACT Toolkit includes background information sheets for various stakeholder groups (consumers, families and natural supports, practitioners and clinical supervisors, mental health program leaders, and public mental health authorities), introductory videos, practice demonstration videos, and a workbook for practitioners. An updated version is in the process of development by SAMHSA.

Washington State Mental Health Division (MHD)

System Transformation Initiative Website

Find at: <http://www1.dshs.wa.gov/Mentalhealth/STI.shtml>, click on “Program of Assertive Community Treatment.”

WA PACT Listserv

Coming in Spring 2007!

This new MHD webpage will be the primary resource page for PACT implementation in Washington State. The website will be updated as resources (e.g., sample job descriptions, updated training modules, WA PACT Standards) become available. This website also has a section on new PACT positions available in Washington State, which can be linked to the original job posting on each RSN’s website.

ACT Center of Indiana Website

Find at: <http://psych.iupui.edu/ACTCenter/>

ACT Center of Indiana Listserv

Sign up by email: vpedrick@iupui.edu

This state-funded ACT technical assistance center for the State of Indiana provides background information, articles organized by topic area, FAQ’s, and other implementation resources for ACT. There are also links to other training and technical assistance centers and resources for Integrated Dual Disorders Treatment (IDDT). The ACT Center’s listserv also provides an opportunity to solicit input, exchange ideas, and learn from others’ experience in implementing ACT across the U.S.

Assertive Community Treatment Association (ACTA)

Find at: <http://www.actassociation.org/>

ACTA primarily provides training to ACT teams in Michigan, but its website provides reference lists and articles on ACT, as well as information regarding their next annual national ACT conference (to be held May 16-18, 2007 in Grand Rapids, MI). This conference typically attracts ACT providers, administrators and researchers and is the only national forum for education and training on a variety of ACT clinical, administrative, and research topics.

University of Illinois at Chicago ACT Training Institute Website

Find at: <http://www.psych.uic.edu/mhsrp/act.htm>

While no longer a state-funded ACT training institute for the State of Illinois, this group continues to share their website as a resource for PACT implementation nationally. The website offers a variety of free and low cost resources, including downloadable educational pamphlets (e.g., Ten Steps to Recovery, How to Be...Hospital Free) and ACT-related publications (e.g., Safety First: Personal Safety and Risk Management for Assertive Community Treatment Teams).

Videos

“Assertive Community Treatment” (A brief introduction to PACT)

Duke University, Department of Psychiatry & Behavioral Sciences

SAMHSA ACT Toolkit Video

“Never Too Far” (Description of a PACT program in a rural community)

Duke University, Department of Psychiatry & Behavioral Sciences

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919 684-3332

“Uncertain Journey: Families Coping with Serious Mental Illness”

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